

Expressions for Confidence in English: Part 2

Welcome again to **Expressions for Confidence in English: (Part 2) – Functional Phrases for Everyday Use!** This topic covers lessons that help you learn phrases for expressing yourself clear and confidently. Go through the lessons one by one, or jump directly to the one you need most.

1. Speak English with Confidence Talking about Your Future Dreams with “One day...”

How to express long-term hopes?

Check these Examples:

- One day, I want to travel the world.
- One day, I want to speak English fluently.
- One day, I want to buy a house.
- One day, I want to start a business.

Practice to Speak English with Confidence:

Write 5 sentences starting with *One day...*

Mini-Quiz:

Choose the correct sentence:

1. “One day I will travel”
2. “One day I travel will”
3. ✓ “One day I will travel”

2. Speak English with Confidence Using “It depends...”

Use “It depends” to give flexible answers.

Examples:

- It depends on the weather.
- It depends on the price.
- It depends on my schedule.
- It depends on the situation.

Practice:

Write 5 sentences using *It depends...*

Mini-Quiz:

Which is correct:

1. "It depends on you"
2. "It depends you"
3. ✓ "It depends on you"

3. Practice Talking About Your Favorite Memories to Speak English with Confidence

How to describe positive past experiences?

Examples:

- My favorite memory is my graduation.
- My favorite memory is a family trip.
- My favorite memory is my first job.
- My favorite memory is meeting my best friend.

Practice to Speak English with confidence:

Write 5 sentences about your favorite memories.

Mini-Quiz:

Choose the correct sentence:

1. "My favorite memory is..."
2. "My favorite is memory..."
3. ✓ "My favorite memory is"

4. Speak English with Confidence Talking About Your Daily Mood

Use these vocabulary for expressing emotional states.

Examples:

- I feel calm today.
- I feel stressed this morning.

- I feel excited about the weekend.
- She feels nervous before exams.

Practice to Speak English with confidence:

Write 5 sentences about your mood today.

Mini-Quiz:

Choose the correct sentence:

1. "I feel relax"
 2. "I feel relaxed"
 3. ✓ "I feel relaxed"
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5. Practice Using "I'm thinking about..." to Speak English with confidence

We use "**I'm thinking about...**" to talk about future possibilities.

Examples:

- I'm thinking about traveling.
- I'm thinking about changing jobs.
- She's thinking about studying abroad.
- They're thinking about moving.

Practice to Speak English with Confidence:

Write 5 sentences using *I'm thinking about...*

Mini-Quiz:

Which is correct:

1. "I'm thinking about go"
 2. "I'm thinking about going"
 3. ✓ "I'm thinking about going"
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6. Your Favorite Activities

Under Expressions for Confidence in English Part 2, you learn useful English phrases. Some of these include: how to describe things you enjoy doing.

Examples:

- I enjoy reading.
- She enjoys cooking.
- They enjoy playing football.
- He enjoys listening to music.

Practice:

Write 5 sentences about activities you enjoy.

Mini-Quiz:

Choose the correct sentence:

1. "I enjoy to read"
 2. "I enjoy reading"
 3. ✓ "I enjoy reading"
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7. Speak English with Confidence Using "I hope..."

How to express hopes and wishes)

Examples:

- I hope you're well.
- I hope it doesn't rain.
- I hope to learn English fast.
- I hope she gets better soon.

Practice:

Write 5 sentences using *I hope...*

Mini-Quiz:

Which is correct:

1. "I hope to see you"
 2. "I hope see you"
 3. ✓ "I hope to see you"
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8. Practice Using "I'd rather..." to Speak English with Confidence

Use "I'd rather" to express preferences between two options.

Examples:

- I'd rather stay home.
- I'd rather drink tea than coffee.
- She'd rather walk than drive.
- They'd rather study in the morning.

Practice Speaking English with Confidence:

Write 5 sentences using *I'd rather...*

Mini-Quiz:

Which is correct:

1. "I'd rather to stay"
2. "I'd rather stay"
3. ✓ "I'd rather stay"

9. Speak English with Confidence Talking about Your Daily Achievements

Use these statements for daily English practice sentences to describe things you completed:

- I finished my work.
- I cleaned my room.
- I studied English today.
- She completed her project.
- They solved the problem.

Practice:

Write 5 sentences about what you achieved today.

Mini-Quiz:

Choose the correct sentence:

1. "I finished my tasks"
2. "I finish my tasks today"
3. ✓ "I finished my tasks"

10. Giving Opinions

Giving opinions is a great way of expressing everyday experiences in English. In this lesson, under Expressions for Confidence in English Part 2, you learn:

- How to share your thoughts.
- Expressions for agreeing or disagreeing politely
- How to Join conversations with confidence.

Key Vocabulary & Phrases for Practicing English Conversations

Word/Phrase	Use	Example Sentence
I think...	Share your opinion	I think English is fun to learn.
I believe...	Express a strong opinion	I believe practice makes perfect.
In my opinion...	Formal way to share thoughts	In my opinion, movies are better than books.
I like / I don't like...	Talk about preferences	I like spicy food. I don't like cold weather.
I prefer...	Compare choices	I prefer tea to coffee.
I agree / I disagree	Respond to opinion	I agree with you. I disagree politely.
That's true / That's not true	React to statement	That's true—it's very helpful.
Maybe / I'm not sure	Express uncertainty	Maybe it's a good idea. I'm not sure.

Sample Conversation to Speak English with confidence

A: Do you like learning English?

B: Yes, I think it's very useful.

A: I prefer learning with a friend. What about you?

B: I agree. A friend helps me practice speaking.

A: In my opinion, speaking practice is the most important.

B: That is true. It builds confidence.

Practice Exercise

- I think _____ is _____.
- In my opinion, _____ is better than _____.
- I like _____, but I don't like _____.
- I agree with _____ because _____.

- I prefer _____ when I study English.

Quick Tips for Practicing English Conversations:

- Use “I think...” to start your opinion—it’s friendly and clear.
- Be polite when you disagree: “I see your point, but I think...”
- Practice giving opinions about food, music, school, or hobbies.

FAQs

1. How do I share my opinion politely? / Start with “I think...” For example: “I think English is fun.”

2. How do I express preferences? / Use “I like...” or “I prefer...” For example: “I prefer tea to coffee.”

3. How do I agree or disagree politely? / Say “I agree with you” or “I see your point, but I think...”

How to Give Opinions in English in 3 Steps

1. Start: “I think learning English is useful.”
2. Compare: “I prefer movies to books.”
3. Respond: “I agree” or “I disagree politely.”

11. Speak English with Confidence Giving Advice in English

This section strengthens your *English speaking practice* by showing how to share suggestions politely.

Key Vocabulary & Phrases:

Phrase	Use	Example Sentence
You should...	Strong suggestion	You should study a little every day.
Why don't you...	Friendly advice	Why don't you try watching English videos?
It's a good idea to...	Recommend something	It's a good idea to take notes.
If I were you...	Advice from your perspective	If I were you, I'd practice speaking more.
Try to... / Try not to...	Encourage or discourage	Try to read English books.

Make sure to... Remind someone Make sure to review your vocabulary.
I think you could... Gentle suggestion I think you could join a study group.

Sample Conversation:

A: I want to improve my English speaking. What should I do?
B: You should practice with a friend or record yourself.
A: That's a good idea. I'm shy, though.
B: Why don't you start with short sentences?

Exercises:

- Complete the advice sentences:
 - You should _____ if you want to improve.
 - Why don't you _____ this weekend?
 - It's a good idea to _____ every day.
- Write a short paragraph: *Advice for learning English.*

Quick Tips to Speak English with Confidence:

- Use "should" for clear advice, and "could" for softer suggestions.
- Be polite and encouraging — advice is more helpful when it's kind.
- Practice giving advice about study habits, health, or friendship.

Frequently Asked Questions

1. When should I use "should" vs. "could"? / "Should" is stronger advice, while "could" is softer and more optional.

2. How can I give advice without sounding bossy? / Use gentle phrases like "I think you could..." or "Why don't you...?"

3. Why is advice important in conversations? / It shows care, support, and helps build stronger relationships.

How to Give Soft and Strong Advice and Encourage Someone Learn English

1. **To give strong advice politely use**
 - "You should..."
 - Add a reason: "You should study daily to improve."
 - Keep tone friendly.
2. **To give softer suggestions**
 - Start with "I think you could..."
 - Offer options, not commands.

- Encourage without pressure.
 - 3. **To encourage someone learning English**
 - Suggest small steps: “Try short sentences.”
 - Recommend practice methods.
 - Praise effort.
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Conclusion:

Finished with **Expressions for Confidence in English: (Part 2)?** Head up to [\[Part 3 - Social Skills\]](#) to **master small talk vocabulary, making Invitations and expressing past experience.**