

Everyday English Conversation: (Part 2)

Welcome to **Everyday English Conversations (Part 2):Daily Routines, Appointments & Goals!** This article includes 4 lessons that help you practice daily life routine vocabulary. Go through them one by one, or jump directly to the topic you need most. Note: to learn more about the site head to [Start here](#).

Lesson 1: Common English Conversations - Describing Your Daily Routine

Learn how to talk about your typical day using time expressions, action verbs, and sequencing words.

Key Vocabulary & Phrases

| Time Expression | Action Verb | Example Sentence |
|------------------|------------------|--------------------------------------|
| In the morning | Wake up | I wake up at 6:30 in the morning. |
| At noon | Eat lunch | I eat lunch at noon. |
| In the afternoon | Study / Work | I study English in the afternoon. |
| In the evening | Relax / Watch TV | I relax and watch TV in the evening. |
| At night | Go to bed | I go to bed around 10 p.m. |

Sequencing Words

- First, I...
- Then, I...
- After that, I...
- Finally, I...

These help make your routine sound smooth and natural when describing daily activities in English.

Key Grammar: Present Simple Tense

- Subject + base verb → *I wake up at 6 a.m.*
- Third person + -s → *She goes to school at 7:30.*
- Negative form → *I don't drink coffee in the morning.*
- Question form → *What time do you get up?*

Common English Conversations: Prompts for Daily Routine

- Wake up / get up
- Take a shower
- Eat breakfast
- Go to school / work
- Study / attend meetings
- Have lunch
- Relax / watch TV / read
- Exercise / go for a walk
- Eat dinner
- Go to bed / sleep

Check here 7 essential health verbs to improve your English competence.

Quick Tips

- Use simple present tense for regular habits: “I go,” “I eat,” “I work.”
- Add adverbs of frequency like “usually,” “sometimes,” “always,” “never.”
- Practice speaking aloud or writing your routine to build fluency.

FAQs

1. What tense should I use for daily routines? / Use the present simple tense: “I wake up at 6 a.m.”

2. How do sequencing words help? / They make your routine sound smooth: “First, I wake up. Then, I eat breakfast.”

3. Why add adverbs of frequency? / A 3: They show how often you do something: “I usually eat lunch at noon.”

How to Describe Your Routine, Ask About Someone's Routine and Practice Daily Vocabulary

1. To describe your routine step by step

- Use sequencing words: “First, I wake up.”
- Add time expressions.
- End with “Finally, I go to bed.”

2. To ask about someone's routine

- Use “What time do you...?” questions.
- Example: “What time do you get up?”
- Respond with interest.

3. To practice daily routine vocabulary

- Write your routine in sentences.
- Speak it aloud.
- Add adverbs like “always” or “sometimes.”

Lesson 2: Common English Conversations - Expressions for Everyday Actions

Describing your routine is a great way to learn vocabulary. This everyday English conversation part 2, provides vocabulary for talking about daily routine

Key Vocabulary & Phrases for Everyday English Speaking Practice

| Phrase | Meaning | Example Sentence |
|------------------------|------------------------------|---|
| Wake up / Get up | Start the day | “I wake up at 6 a.m. and get up at 6:15.” |
| Take a shower / Bath | Clean yourself | “I take a shower before breakfast.” |
| Have breakfast / lunch | Eat meals | “I have lunch at school.” |
| Go to work / school | Leave home for daily duties | “I go to work at 8 a.m.” |
| Start / Finish work | Begin or end job | “I start work at 9 and finish at 5.” |
| Come home | Return to your house | “I come home around 6 p.m.” |
| Cook / Eat dinner | Prepare and eat evening meal | “I cook dinner with my sister.” |
| Watch TV / Relax | Leisure time | “I relax by watching TV.” |
| Go to bed / Sleep | End the day | “I go to bed at 10 p.m.” |

Quick Tips for Everyday English Speaking Practice

- Smile when you greet someone—it builds confidence.
- Practice with a friend or in front of a mirror.
- Don’t worry about mistakes. Every word you speak is progress.
- Try English speaking practice exercises daily to improve fluency.

FAQs

- 1. How do I say when I wake up in English?** / You can say “I wake up at 6 a.m.”
- 2. What phrase should I use to talk about eating in the morning?** / Say “I have breakfast.”

For example: “I have breakfast at 7 a.m.”

3. How do I describe the end of my day? / You can say “I go to bed at ____.” For example: “I go to bed at 10 p.m.”

How to describe your daily routine in English in 3 steps

1. Start with the morning: “I wake up at 6 a.m. and have breakfast.”
2. Talk about your day: “I go to work at 8 a.m. and finish at 4 p.m.”
3. End with the evening: “I cook dinner, relax, and go to bed at 10 p.m.”

Lesson 3: Common English Conversations - Making Appointments

Here are beginner-friendly English phrases for making appointments politely. Use them to practice scheduling, confirming, rescheduling, or canceling appointments clearly.

Key Vocabulary & Phrases

| Phrase | Use | Example Sentence |
|---------------------------------|--------------------|---|
| I'd like to make an appointment | Request a meeting | I'd like to make an appointment with Dr. Lee. |
| Are you available on...? | Ask about schedule | Are you available on Friday afternoon? |
| What time works for you? | Offer flexibility | What time works for you tomorrow? |
| Can we reschedule? | Change the time | Can we reschedule for next week? |
| I need to cancel my appointment | Cancel politely | I need to cancel my appointment for Monday. |

Practice these phrases for your day-by-day use.

Sample Conversation for Describing your Daily Routine in English

A: Hello. I'd like to make an appointment for a haircut.

B: Sure! Are you available this Saturday afternoon?

A: Yes, Saturday afternoon works. Do you have anything around 2 p.m.?

B: We have a slot at 2:30.

A: Perfect. Let's confirm that.

B: Great! See you then!

Practice Prompts for Describing your Daily Routine in English

- I'd like to make an appointment for _____.
- Are you available on _____?

- Can we reschedule for _____?
- I need to cancel my appointment because _____.
- Let's confirm the time: _____.

Quick Tips for Practicing Common English Conversations

- Be polite and clear — use “please” and “thank you.”
- Confirm date and time to avoid confusion.
- If you need to cancel or reschedule, give advance notice and a reason if possible.

FAQs

1. How do I request an appointment? / Say “I’d like to make an appointment with [person].”

2. How can I reschedule politely? / Use “Can we reschedule for [day/time]?”

3. What’s the best way to cancel an appointment? / Say “I need to cancel my appointment because...” and thank the person

How to Schedule an Appointment, Reschedule Politely and Cancel it respectfully?

1. To schedule an appointment

- Start with “I’d like to make an appointment.”
- Offer a time: “Are you available Friday?”
- Confirm details.

2. To reschedule politely

- Use “Can we reschedule for next week?”
- Suggest a new time.
- Confirm with the other person.

3. To cancel respectfully

- Begin with “I need to cancel my appointment.”
- Give a reason if possible.
- Thank them for understanding.

Lesson 4: Talking About Goals and Dreams

Learning how to talk about your goals and dreams is a key part of mastering English expressions. This part 2 of everyday English conversations handles this.

Key Vocabulary & Phrases for Future Plans and Dreams

| Phrase | Use | Example Sentence |
|--------------------|------------------------------|---|
| I want to... | Express a goal | I want to become a doctor. |
| I hope to... | Share a dream or wish | I hope to travel the world. |
| I plan to... | Talk about future intentions | I plan to start my own business. |
| I would like to... | Polite way to express a goal | I would like to learn French. |
| My dream is to... | Share a big aspiration | My dream is to be a famous artist. |
| In the future... | Time expression | In the future, I want to live by the sea. |

Sample Conversation for English Vocabulary for Daily Routine

A: What's your biggest dream?

B: My dream is to become a pilot and travel around the world.

A: That's amazing! I hope to open a bakery one day.

B: Nice! I'd love to try your cakes.

Practice Exercises for Common English Conversations

Complete these sentences with your own goals and dreams:

1. I want to _____ because _____.
2. I hope to _____ in the future.
3. I plan to _____ next year.
4. I would like to _____ someday.
5. My dream is to _____.

Quick Grammar Tips for Practicing English Vocabulary for Daily Routine

- Use "want to" and "hope to" for personal goals.
- Add reasons to make your dreams more meaningful.
- Practice speaking about your future — it builds confidence and motivation.

Talking about goals is one of the most motivating English vocabulary for daily routine. It connects language learning with personal ambition and boosts English expressions for daily life

FAQs

1. How do I express my goals in English? / Use "I want to..." or "I plan to..." followed by your goal. Example: "I want to become a doctor."

2. What's the difference between 'I hope to' and 'I would like to'? / "I hope to" expresses a wish or dream. While "I would like to" is a polite way to state a goal.

3. Why is talking about goals useful in English practice? / It connects language learning with personal ambition, making conversations more meaningful

How to Share Your Goals, Ask About Someone's Dreams and Practice Goals Vocabulary

1. To share your goals

- Start with "I want to..." or "I plan to..."
- Add the activity or dream.
- Give a reason for motivation.

2. To ask about someone's dreams

- Use "What's your biggest dream?"
- Listen carefully.
- Respond with encouragement.

3. To practice goal vocabulary

- Write sentences about your future.
- Speak them aloud.
- Add time expressions like "next year" or "in the future."

Conclusion:

Finished this **Everyday English Conversations (Part 2)**? Head to **Part 3 - [Phone calls, home, neighborhood and more.](#)**