

Everyday English Lessons: Goals, Phone Calls, Coffee Shop, Gym, Cinema & Haircut

English expressions for daily life include essential vocabulary and [phrases for everyday communication](#). These practical lessons focus on [words we use everyday](#). These include English phrases for talking about goals and dreams, making phone calls and more for you to build fluency.

To help you practice and achieve confidence, all the lessons include:

- Key vocabulary & phrases
- Sample conversation
- Practice exercises
- Grammar tips
- FAQs
- How-To questions

Here is what you'll learn:

- Vocabulary for Daily Routine
- Vocabulary for Making Phone Calls
- At the Coffee Shop
- At the Gym
- At the Cinema
- At the Haircut

Lesson 1: English Vocabulary for Daily Routine — Talking About Goals and Dreams

Learning how to talk about your goals and dreams is a key part of mastering English expressions. So practice the phrases in the table for daily life conversations.

Key Vocabulary & Phrases for Future Plans and Dreams

Phrase	Use	Example Sentence
I want to...	Express a goal	I want to become a doctor.
I hope to...	Share a dream or wish	I hope to travel the world.
I plan to...	Talk about future intentions	I plan to start my own business.
I would like to...	Polite way to express a goal	I would like to learn French.
My dream is to...	Share a big aspiration	My dream is to be a famous artist.
In the future...	Time expression	In the future, I want to live by the sea.

To practice more vocabulary around plans visit the article: [Everyday English Expressions](#)

Sample Conversation for English Vocabulary for Daily Routine

A: What's your biggest dream?

B: My dream is to become a pilot and travel around the world.

A: That's amazing! I hope to open a bakery one day.

B: Nice! I'd love to try your cakes.

Practice Exercises

Complete these sentences with your own goals and dreams:

1. I want to _____ because _____.
2. I hope to _____ in the future.
3. I plan to _____ next year.
4. I would like to _____ someday.

5. My dream is to _____.

Learn here [8 verbs for expressing everyday life in English](#)

Quick Grammar Tips for Practicing English Vocabulary for Daily Routine

- Use “want to” and “hope to” for personal goals.
- Add reasons to make your dreams more meaningful.
- Practice speaking about your future — it builds confidence and motivation.

Talking about goals is one of the most motivating English vocabulary for daily routine. It connects language learning with personal ambition.

For other vocabulary, like talking about home, neighborhood, jobs studies including hobbies, visit the article: "[Everyday English Conversation Phrases](#)".

Frequently Asked Questions

Q1: How do I express my goals in English?

A1: Use “I want to...” or “I plan to...” followed by your goal. Example: “I want to become a doctor.”

Q2: What’s the difference between ‘I hope to’ and ‘I would like to’?

A2: “I hope to” expresses a wish or dream, while “I would like to” is a polite way to state a goal.

Q3: Why is talking about goals useful in English practice?

A3: It connects language learning with personal ambition, making conversations more meaningful

How to Share Your Goals, Ask About Someone's Dreams and Practice Goals vocabulary

1. To share your goals

- Start with “I want to...” or “I plan to...”
- Add the activity or dream.
- Give a reason for motivation.

2. To ask about someone's dreams

- Use “What’s your biggest dream?”
- Listen carefully.
- Respond with encouragement.

3. To practice goal vocabulary

- Write sentences about your future.
- Speak them aloud.
- Add time expressions like “next year” or “in the future.”

Lesson 2: English for Daily Tasks — Making Phone Calls and Leaving Messages

This lesson focuses on English phrases for making phone calls — a vital part of everyday communication.

Key Vocabulary & Phrases

Starting a Call

Phrase	Use	Example Sentence
Hello, this is...	Introduce yourself	Hello, this is Maria speaking.
May I speak to...?	Ask for someone	May I speak to Mr. Johnson, please?
I’m calling about...	State your reason	I’m calling about the job interview.

Leaving a Message

Phrase	Use	Example Sentence
Could you please take a message?	Ask to leave a message	Could you please take a message for him?
Please tell him/her that...	Deliver the message	Please tell her that I called.
My number is...	Give contact info	My number is 84-123-4567.

Ending the Call

Phrase	Use	Example Sentence
Thank you for your help	Show appreciation	Thank you for your help.
Talk to you soon / Goodbye	End politely	Talk to you soon. Goodbye!

Related to this, practice also [English vocabulary for common activities](#)

Sample Conversation

A: Hello, this is James. May I speak to Anna?
 B: I'm sorry, she's not available right now. Would you like to leave a message?
 A: Yes, please. Tell her I'll meet at 3 p.m. at the restaurant.
 B: Got it. I'll let her know.
 A: Thank you. Goodbye.

English vocabulary for Daily Routine: Practice Prompts

- Hello, this is _____. I'm calling about _____.
- May I speak to _____, please?
- Please tell him/her that _____.

- My phone number is _____.
- Thank you. Talk to you soon.

Quick Tips

- Speak clearly and politely.
- Use “please” and “thank you” often.
- Always leave your name and number if you want a call back.
- Practice with a friend or record yourself to improve fluency.

Frequently Asked Questions

Q1: How do I start a phone call politely?

A1: Introduce yourself: “Hello, this is Maria speaking.”

Q2: How can I leave a message clearly?

A2: Say “Could you please take a message?” and include your name, reason, and phone number.

Q3: Why is phone call vocabulary important?

A3: It builds confidence in both personal and professional communication.

How to Start a Call, Leave a Message and End it Politely

1. To start a call

- Greet politely.
- Introduce yourself.
- State your reason: “I’m calling about the interview.”

2. To leave a message

- Ask: “Could you please take a message?”
- Provide details.
- Share your number.

3. To end a call politely

- Thank the person.
- Use “Talk to you soon” or “Goodbye.”
- Keep tone friendly.

See also [everyday English for life lessons](#) to practice vocabulary for describing people' appearance and personality and more.

Lesson 3: English for Daily Tasks — At the Coffee Shop

This lesson helps you practice **vocabulary for** everyday situations like ordering drinks.

Key Vocabulary & Phrases

Phrase	Use	Example Sentence
Can I get...?	Ordering	Can I get a latte, please?
To go / For here	Clarify order	Is that to go or for here?
Medium / Large	Size	I'd like a medium cappuccino.
Extra sugar / No milk	Customizing	Can I get tea with no milk?
That's all, thank you	Ending order	That's all, thank you.

Learn also [vocabulary and phrases for meals and directions](#)

Sample Conversation in English for practicing Vocabulary for Daily Routine

A: Hi, can I get a large coffee to go?

B: Sure! Anything else?

A: No, that's all. Thank you.

B: Great, your total is \$3.

Practice Prompts

- Can I get _____, please?
- I'd like a _____.
- Is that _____ or _____?
- That's all, thank you.

Quick Tips

- Use polite tone when ordering.
- Learn sizes and drink names.
- Practice customizing orders.

One of the most common English expressions for daily life conversations is ordering food or drinks. — practice it often to sound natural. [Learn here more vocabulary](#) for you to achieve this

Frequently Asked Questions

Q1: How do I order politely at a café?

A1: Use “Can I get...” or “I'd like...” followed by your order.

Q2: What's the difference between ‘to go’ and ‘for here’?

A2: “To go” means takeaway, while “for here” means you'll drink/eat at the café.

Q3: Why practice coffee shop vocabulary?

A3: It's one of the most common everyday situations for learners.

How to Order a Drink, Customize Your Order and Finish it

1. To order a drink

- Start with “Can I get...”
- Add size and type.
- End with “please.”

2. To customize your order

- Use “No milk” or “Extra sugar.”
- Be specific.
- Confirm politely.

3. To finish your order

- Say “That’s all, thank you.”
- Smile or nod.
- Wait for the total.

Lesson 4: English Vocabulary for Daily Routine — At the Gym

This lesson focuses on phrases **for** everyday **activities** like exercise.

Key Vocabulary & Phrases

Phrase	Use	Example Sentence
I’d like to join...	Membership	I’d like to join the gym.
How much is the membership?	Asking cost	How much is the monthly membership?

Can you show me...? Requesting help Can you show me how to use this machine?

Warm up / Cool down Exercise terms I always warm up before running.

Personal trainer Service Do you have personal trainers available?

Sample Conversation for Talking about English Vocabulary for Daily Routine

A: Hi, I'd like to join the gym.

B: Sure! Do you want a monthly or yearly membership?

A: Monthly, please. And do you have personal trainers?

B: Yes, we do.

Practice Prompts

- I'd like to _____.
- How much is _____?
- Can you show me _____?
- Do you have _____?

Quick Tips

- Learn exercise vocabulary.
- Practice polite service requests.
- Use present simple for routines.

Comment: Talking about fitness is a practical way to expand your English expressions for daily life vocabulary.

Frequently Asked Question

Q1: How do I ask about gym membership?

A1: Say "I'd like to join the gym" or "How much is the membership?"

Q2: How can I request help with equipment?

A2: Use “Can you show me how to use this machine?”

Q3: Why practice gym vocabulary?

A3: It helps you communicate in fitness contexts and expand everyday English.

How to Join a Gym, Ask for Help and Talk About Routine

1. To join a gym

- Say “I’d like to join...”
- Ask about membership options.
- Confirm your choice.

2. To ask for help

- Use “Can you show me...?”
- Point to the equipment.
- Thank the trainer.

3. To talk about routines

- Use present simple: “I warm up before running.”
- Add exercise terms.
- Practice with friends.

Lesson 5: English for Daily Tasks — At the Cinema

Key Vocabulary & Phrases

Phrase	Use	Example Sentence
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What's playing today? Ask about movies What's playing today?

Two tickets for... Buying tickets Two tickets for the 7 p.m. show.

Where is my seat? Asking location Where is seat number 12?

Popcorn / Soda Snacks Can I get popcorn and soda?

Enjoy the movie! Polite wish Enjoy the movie!

Sample Conversation for Practicing English Vocabulary for Daily Routine

A: Hi, two tickets for the 6 p.m. movie, please.

B: Sure. Seats 10 and 11.

A: Thank you. Where is the snack counter?

B: Just down the hall.

Practice Prompts

- Two tickets for _____.
- What's playing _____?
- Where is seat _____?
- Can I get _____?

Quick Tips

- Learn cinema vocabulary.
- Practice polite requests.
- Use numbers clearly.

Comment: Entertainment contexts are fun ways to practice English expressions for daily life conversations.

Frequently Asked Questions

Q1: How do I ask about movies?

A1: Say “What’s playing today?”

Q2: How do I buy tickets politely?

A2: Use “Two tickets for the 7 p.m. show, please.”

Q3: Why practice cinema vocabulary?

A3: It’s fun and useful for social outings.

How to Buy Tickets, Ask About Seats and Order Snacks

1. To buy tickets

- Ask “Two tickets for...”
- Mention time.
- Add “please.”

2. To ask about seats

- Use “Where is seat number...?”
- Confirm location.
- Thank the staff.

3. To order snacks

- Say “Can I get popcorn and soda?”
 - Be clear with quantities.
 - End with “Thank you.”
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Lesson 6: English for Daily Tasks — At the Hair Salon

Key Vocabulary & Phrases

Phrase	Use	Example Sentence
I'd like a haircut	Request	I'd like a haircut, please.
Just a trim	Specific request	Just a trim, please.
Short / Long / Medium Style		I want short hair.
Wash and style	Service	Can I get a wash and style?
How much is it?	Asking price	How much is a haircut?

Sample Conversation to Practice English Vocabulary for Daily Routine

A: Hi, I'd like a haircut.

B: Sure. Do you want it short or medium?

A: Just a trim, please.

B: Okay, no problem. Practice Prompts

Frequently Asked Questions

Q1: How do I request a haircut?

A1: Say "I'd like a haircut, please."

Q2: How can I specify the style?

A2: Use "Just a trim" or "I want short hair."

Q3: Why practice salon vocabulary?

A3: It helps you communicate confidently in everyday grooming situations

How to Ask for a Haircut, Request Services and Practice Salon Vocabulary

1. To ask for a haircut

- Start with “I’d like a haircut.”
- Add details: “Just a trim.”
- Confirm politely.

2. To request services

- Use “Can I get a wash and style?”
- Ask about price.
- Thank the stylist.

3. To practice salon vocabulary

- Role-play with a friend.
- Write sentences about styles.
- Use polite tone.

Final thought: if you really want to build confidence practice English expressions for daily life. And for basic phrases for vocabulary building, visit the article. [Greetings & Introducing Yourself](#).

Need to go over again the lessons? - [Click here](#).