

## Everyday English Lessons: Weekend Plans, Daily Routines, Appointments and More-PDF

Being fluent in a language involves mastering English vocabulary for common activities across different contexts. In this article, you will learn English [phrases for beginners](#) designed for everyday situations. Mastering them will help you communicate freely and confidently.

To help you practice and achieve fluency, all lessons include:

- Key vocabulary & phrases
- Talking about your family
- Practice exercises
- Grammar tips
- FAQs
- How-To questions

Here is what you're expected to master based on English for everyday situations:

- Talking about weekend plans
- Describing your daily routine in English
- Making appointments politely

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### Lesson 1: Talking about Weekend Plans in English

How to talk about weekend plans in English (examples and phrases)? Here is how:

- Describing your upcoming weekend activities
- Asking others about their weekends
- Using future tense naturally in conversation

#### Key Vocabulary & Phrases

| Phrase | Use | Example Sentence |
|--------|-----|------------------|
|--------|-----|------------------|

What are you doing this weekend? Ask about someone's plans What are you doing this weekend?

|                                |                         |   |
|--------------------------------|-------------------------|---|
| I'm going to... / I'll...      | Talk about future plans | I'm going to visit my cousin.             |
| I might...                     | Express uncertainty     | I might go hiking if the weather is nice. |
| I'm planning to...             | Share intentions        | I'm planning to watch a movie.            |
| Sounds fun! / That's cool!     | React positively        | That sounds fun!                          |
| I'm staying in / I'm going out | Describe general plans  | I'm staying in and relaxing.              |

☞ Use these English expressions for scheduling weekend plans and rescheduling your activities. For more vocabulary visit the article: [English Expressions for Daily Life](#) to practice vocabulary for talking about goals and more.

### **Describing your Daily Routine in English: Sample Conversation**

A: Hey, what are you doing this weekend?  
B: I'm going to the beach with some friends. You?  
A: I'll probably stay home and catch up on sleep.  
B: Nice! Enjoy your rest.  
A: You too — have fun at the beach!

Find here [7 daily routine verbs](#) and [7 essential health verbs](#) to practice with the vocabulary.

### **Practice Exercises Describing your daily routine in English**

Try answering these with your own ideas:

- This weekend, I'm going to \_\_\_\_\_.
- I might \_\_\_\_\_ if I have time.
- I'm planning to \_\_\_\_\_ with \_\_\_\_\_.

- I'll probably \_\_\_\_\_ on Sunday.
- What are your plans for the weekend?

### Quick Tips

- Use “going to” for definite plans and “might” for things you’re unsure about.
- React with friendly comments like “That sounds great!” or “Hope you enjoy it!”
- Practice switching between formal and casual tone depending on who you’re speaking with.

### Frequently Asked Questions

#### **Q1: How do I ask about someone’s weekend plans?**

A1: Use “What are you doing this weekend?” or “Do you have any plans for Saturday?”

#### **Q2: What’s the difference between ‘going to’ and ‘might’?**

A2: “Going to” is for definite plans, while “might” shows uncertainty.

#### **Q3: How can I respond politely to someone’s plans?**

A3: React with friendly comments like “That sounds fun!” or “Hope you enjoy it!”

### How to Describe Your Weekend Plans, Ask About Others' Plans and React Naturally

#### **1. To describe your weekend plans**

- Start with “I’m going to...”
- Add the activity: “visit my cousin.”
- Mention when: “on Sunday.”

#### **2. To ask about others’ plans**

- Use “What are you doing this weekend?”
- Listen carefully.
- Respond with interest.

### 3. To react naturally

- Use “That’s cool!” or “Sounds fun!”
- Add encouragement.
- Keep tone friendly.

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## Lesson 2: English for Everyday Situations — Describing Your Daily Routine in English

Learn how to talk about your typical day using time expressions, action verbs, and sequencing words.

### Key Vocabulary & Phrases

| Time Expression  | Action Verb      | Example Sentence                     |
|------------------|------------------|--------------------------------------|
| In the morning   | Wake up          | I wake up at 6:30 in the morning.    |
| At noon          | Eat lunch        | I eat lunch at noon.                 |
| In the afternoon | Study / Work     | I study English in the afternoon.    |
| In the evening   | Relax / Watch TV | I relax and watch TV in the evening. |
| At night         | Go to bed        | I go to bed around 10 p.m.           |

Learn also [everyday English conversation phrases for beginners](#) to know how to describe home, neighborhood, jobs and studies

### Sequencing Words

- First, I...
- Then, I...
- After that, I...

- Finally, I...

☞ These help make your routine sound smooth and natural when describing daily activities in English.

Learn also [vocabulary for describing feelings and emotions](#)

### Key Grammar: Present Simple Tense

- Subject + base verb → *I wake up at 6 a.m.*
- Third person + -s → *She goes to school at 7:30.*
- Negative form → *I don't drink coffee in the morning.*
- Question form → *What time do you get up?*

### Common Prompts for Daily Routine

- Wake up / get up
- Take a shower
- Eat breakfast
- Go to school / work
- Study / attend meetings
- Have lunch
- Relax / watch TV / read
- Exercise / go for a walk
- Eat dinner
- Go to bed / sleep

Check here [common ESL verb mistakes](#) to improve your English competence.

### Quick Tips

- Use simple present tense for regular habits: "I go," "I eat," "I work."
- Add adverbs of frequency like "usually," "sometimes," "always," "never."
- Practice speaking aloud or writing your routine to build fluency.

Learn here [vocabulary for describing people's appearance and personality](#)

### Frequently Asked Questions

**Q1: What tense should I use for daily routines?**

A1: Use the present simple tense: "I wake up at 6 a.m."

**Q2: How do sequencing words help?**

A2: They make your routine sound smooth: "First, I wake up. Then, I eat breakfast."

**Q3: Why add adverbs of frequency?**

A3: They show how often you do something: "I usually eat lunch at noon."

### How to Describe Your Routine, Ask About Someone's Routine and Practice Daily Vocabulary

#### 1. To describe your routine step by step

- Use sequencing words: "First, I wake up."
- Add time expressions.
- End with "Finally, I go to bed."

#### 2. To ask about someone's routine

- Use "What time do you...?" questions.
- Example: "What time do you get up?"
- Respond with interest.

#### 3. To practice daily routine vocabulary

- Write your routine in sentences.
- Speak it aloud.
- Add adverbs like "always" or "sometimes."

## Lesson 3: Common Activities English Vocabulary — Making Appointments

Here are beginner-friendly English phrases for making appointments politely. Use them to practice scheduling, confirming, rescheduling, or canceling appointments clearly.

### Key Vocabulary & Phrases

| Phrase                          | Use                | Example Sentence                              |
|---------------------------------|--------------------|---|
| I'd like to make an appointment | Request a meeting  | I'd like to make an appointment with Dr. Lee. |
| Are you available on...?        | Ask about schedule | Are you available on Friday afternoon?        |
| What time works for you?        | Offer flexibility  | What time works for you tomorrow?             |
| Can we reschedule?              | Change the time    | Can we reschedule for next week?              |
| I need to cancel my appointment | Cancel politely    | I need to cancel my appointment for Monday.   |

Practice these phrases for your day-by-day use and see also [vocabulary for talking about neighborhood, jobs and hobbies](#).

### Sample Conversation for Describing your Daily Routine in English

A: Hello. I'd like to make an appointment for a haircut.

B: Sure! Are you available this Saturday afternoon?

A: Yes, Saturday afternoon works. Do you have anything around 2 p.m.?

B: We have a slot at 2:30.

A: Perfect. Let's confirm that.

B: Great! See you then!

## Practice Prompts for Describing your Daily Routine in English

- I'd like to make an appointment for \_\_\_\_\_.
- Are you available on \_\_\_\_\_?
- Can we reschedule for \_\_\_\_\_?
- I need to cancel my appointment because \_\_\_\_\_.
- Let's confirm the time: \_\_\_\_\_.

### Quick Tips

- Be polite and clear — use “please” and “thank you.”
- Confirm date and time to avoid confusion.
- If you need to cancel or reschedule, give advance notice and a reason if possible.

### Frequently Asked Questions

#### Q1: How do I request an appointment?

A1: Say “I'd like to make an appointment with [person].”

#### Q2: How can I reschedule politely?

A2: Use “Can we reschedule for [day/time]?”

#### Q3: What's the best way to cancel an appointment?

A3: Say “I need to cancel my appointment because...” and thank the person

## How to Schedule an Appointment, Reschedule Politely and Cancel it Respectfully

### 1. To schedule an appointment

- Start with “I'd like to make an appointment.”
- Offer a time: “Are you available Friday?”
- Confirm details.

### 2. To reschedule politely

- Use “Can we reschedule for next week?”
- Suggest a new time.
- Confirm with the other person.

### **3. To cancel respectfully**

- Begin with “I need to cancel my appointment.”
- Give a reason if possible.
- Thank them for understanding.

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## Conclusion

To master English vocabulary for common activities, start practicing phrases for weekend plans, daily routines, and making appointments. These English phrases for beginners will help you handle [everyday situations in English with confidence.](#)