

Everyday English Practice Lessons: Food, Family & Opinion

Practicing [English vocabulary](#) is essential if you want to build confidence. In this article, you'll learn everyday English vocabulary and daily phrases for three practical situations. These include: ordering food at a restaurant, talking about your family, and giving opinions.

To help you better practice the language, all the lessons include:

- Key vocabulary & phrases
- Sample Conversation
- Practice exercise
- Quick tips
- FAQs
- How-to questions

Here is what you'll learn:

- Ordering Food at a Restaurant
- Talking About Your Family
- Giving Opinions and more

Lesson 1: English Conversations Practice: At Restaurant Vocabulary

Learning restaurant vocabulary is a key part for practicing English conversations. You learn how to read a menu, place an order, ask questions, and respond politely in a restaurant setting.

Key Vocabulary & Phrases

Word/Phrase	Meaning	Example Sentence
I'd like... / I'll have...	Ordering food politely	I'd like the chicken salad, please.
What do you recommend?	Ask for suggestions	What do you recommend for dessert?
Can I see the menu?	Ask for the menu	Can I see the menu, please?
Starter / Main course / Dessert	Meal sections	I'll have a starter and a dessert.
Drink / Beverage	Something to drink	I'll have a cold drink.
Vegetarian / Vegan	Dietary preferences	Do you have any vegetarian options?
Allergies	Health-related food concerns	I'm allergic to peanuts.

Sample Conversation

A: Good evening. Can I see the menu?

B: Of course. Here you are.

A: What do you recommend?

B: The grilled fish is very popular.

A: Great! I'll have that and lemonade.

B: Excellent choice. Anything else?

A: No, that's all thank you.

English Practice Exercise

- I'd like _____ and _____.
- Do you have _____ options?
- I'm allergic to _____.
- Can I have the _____, please?
- I'd like this _____ (to go / for here).

Quick Tips:

- Use polite phrases like "please" and "thank you."
- Practice reading menus in English—look for common food words.
- Express preferences clearly: "I don't eat meat," "I love spicy food."

Frequently Asked Questions

Q1: How do I order food politely in English?

A1: Use "I'd like..." or "I'll have..." For example: "I'd like the chicken salad, please."

Q2: How do I ask for suggestions at a restaurant?

A2: Say "What do you recommend?"

Q3: How do I talk about dietary preferences?

A3: Ask "Do you have any vegetarian options?" or "I'm allergic to peanuts."

How to Order Food in English in 3 Steps

1. Ask politely: "Can I see the menu, please?"
2. Order: "I'd like the grilled fish and a drink."
3. Respond: "Thank you" or "That's all for now."

Lesson 2: English Conversation Practice: Talking About Your Family

Another important part of practicing English vocabulary is by learning how to talk about your family. Here you'll practice describing family members, relationships, and basic facts using simple English sentences for daily routine.

Key Vocabulary & Phrases

Word/Phrase	Meaning	Example Sentence
Mother / Father	Parents	My mother is a teacher.
Sister / Brother	Siblings	I have one brother and two sisters.
Grandmother / Grandfather	Grandparents	My grandfather lives in the countryside.
Aunt / Uncle	Parent's siblings	My uncle is very funny.
Cousin	Child of aunt/uncle	My cousin is the same age as me.
Husband / Wife	Spouse	Her husband works in a hospital.
Son / Daughter	Children	They have two sons and one daughter.

Learn here [basic everyday English vocabulary](#) to know how to greet and introduce yourself in English.

Sample Conversation for Practicing English

A: Do you have any siblings?

B: Yes, I have one older brother and a younger sister.

A: That's nice! Do you live with them?

B: No, I live with my parents. My brother lives in another city.

Practice Exercise

- I live with _____.
- My mother is _____ and my father is _____.
- I have _____ siblings.
- My family is _____ and we like to _____ together.
- My favorite family member is _____ because _____.

Quick Tips:

- Use "have" to talk about family: "I have two brothers."
- Use "is" to describe: "My sister is kind."
- Practice possessive pronouns: "My mom," "His dad," "Their cousin."

Frequently Asked Questions

Q1: How do I describe my parents in English?

A1: Use "My mother is ____" or "My father is ____."

Q2: How do I talk about siblings?

A2: Say "I have ___ brother(s) and ___ sister(s)."

Q3: How do I describe grandparents?

A3: Use "My grandfather lives in the countryside" or "My grandmother is very kind."

How to Talk About Your Family in English in 3 Steps

1. Introduce: "This is my mother. This is my father."
2. Describe: "I have one brother and two sisters."
3. Ask: "Do you have brothers or sisters?"

Lesson 3: Practice English Conversations: Giving Opinions

Giving opinions is another essential part of expressing everyday experiences in English. It helps you share your thoughts, agree or disagree politely, and join conversations with confidence. Check here [everyday conversation phrases](#).

Key Vocabulary & Phrases

Word/Phrase	Use	Example Sentence
I think...	Share your opinion	I think English is fun to learn.
I believe...	Express a strong opinion	I believe practice makes perfect.
In my opinion...	Formal way to share thoughts	In my opinion, movies are better than books.
I like / I don't like...	Talk about preferences	I like spicy food. I don't like cold weather.
I prefer...	Compare choices	I prefer tea to coffee.
I agree / I disagree	Respond to opinion	I agree with you. I disagree politely.
That's true / That's not true	React to statement	That's true—it's very helpful.
Maybe / I'm not sure	Express uncertainty	Maybe it's a good idea. I'm not sure.

See also: "[how to express yourself in English](#)" to learn expressions for giving advice and more.

Sample Conversation

A: Do you like learning English?
 B: Yes, I think it's very useful.

A: I prefer learning with a friend. What about you?
B: I agree. A friend helps me practice speaking.
A: In my opinion, speaking practice is the most important.
B: That is true. It builds confidence.

Practice Exercise

- I think _____ is _____.
- In my opinion, _____ is better than _____.
- I like _____, but I don't like _____.
- I agree with _____ because _____.
- I prefer _____ when I study English.

Quick Tips:

- Use "I think..." to start your opinion—it's friendly and clear.
- Be polite when you disagree: "I see your point, but I think..."
- Practice giving opinions about food, music, school, or hobbies.

Frequently Asked Questions

Q1: How do I share my opinion politely?

A1: Start with "I think..." For example: "I think English is fun."

Q2: How do I express preferences?

A2: Use "I like..." or "I prefer..." For example: "I prefer tea to coffee."

Q3: How do I agree or disagree politely?

A3: Say "I agree with you" or "I see your point, but I think..."

How to Give Opinions in English in 3 Steps

1. Start: "I think learning English is useful."
2. Compare: "I prefer movies to books."
3. Respond: "I agree" or "I disagree politely."

Lesson 4: Everyday English Expressions: Banking & Finances

Key Vocabulary & Phrases

Word/Phrase	Meaning	Example Sentence
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Open an account	Start a bank account	I'd like to open an account.
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Deposit	Put money in	I want to deposit \$100.
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Withdraw	Take money out	Can I withdraw some cash?
Balance	Money available	What's my account balance?
Transfer	Move money	I need to transfer money.
Interest	Extra money earned	What's the interest rate?

Sample Conversation

A: I'd like to open a savings account.

B: Sure, do you have ID?

A: Yes, here it is.

B: Great, let's fill out the form.

Practice Exercise

- I'd like to _____.
- Can I _____?
- What's my _____?

Quick Tips

Use polite requests: "I'd like..." and "Can I...?"

Frequently Asked Questions

Q1: How do I start a bank account in English?

A1: Say "I'd like to open an account."

Q2: How do I ask about my money?

A2: Use "What's my account balance?"

Q3: How do I request to withdraw cash?

A3: Say "Can I withdraw some cash?"

How to Talk About Banking in English in 3 Steps

1. Request: "I'd like to open an account."
2. Ask: "What's my balance?"
3. Act: "I want to deposit \$100."

Lesson 5: Everyday English Expressions for Public Transportation

Key Vocabulary & Phrases

Word/Phrase	Meaning	Example Sentence
Bus stop	Place to catch a bus	Where is the bus stop?
Ticket	Pass for travel	Can I buy a ticket here?
Schedule	Timetable	What's the bus schedule?
Delay	Late arrival	The train is delayed.
Next stop	Upcoming station	What's the next stop?
Fare	Cost of travel	How much is the fare?

Apart from public transportation vocabulary, visit also: "[Everyday English Conversation...](#)" article to learn how to talk about food & meals.

Sample Conversation

A: Excuse me, where is the bus stop?
B: It's across the street.
A: Thank you. What time is the next bus?
B: At 5:30.

Practice Exercise

- Where is _____?
- What time is _____?
- How much is _____?

Quick Tips

Always confirm time and place when using transport.

Frequently Asked Questions

Q1: How do I ask where the bus stop is?

A1: Say "Excuse me, where is the bus stop?"

Q2: How do I ask about bus times?

A2: Use "What's the bus schedule?"

Q3: How do I ask about travel cost?

A3: Say “How much is the fare?”

How to Use Public Transport in English in 3 Steps

1. Ask: “Where is the bus stop?”
2. Confirm: “What time is the next bus?”
3. Pay: “How much is the fare?”

Lesson 6: Everyday English Expressions for Emergencies

Key Vocabulary & Phrases

Word/Phrase	Meaning	Example Sentence
Help!	Ask for assistance	Help! I need assistance.
Call the police	Emergency request	Call the police, please.
Fire	Emergency situation	There’s a fire!
Ambulance	Medical help	Call an ambulance.
Lost	Not knowing location	I’m lost, can you help me?
Emergency	Urgent situation	It’s an emergency.

In addition to expressions for emergency, check as well: [English expressions for daily life](#). From this article you'll know how to talk about your goals & make phone calls.

Sample Conversation

A: Help! I need an ambulance.

B: What happened?

A: My friend is hurt.

B: Okay, I’ll call right now.

Practice Exercise

- Call _____.
- I need _____.
- It’s an _____.

Quick Tips

Use short, clear sentences in emergencies.

Frequently Asked Questions

Q1: How do I ask for help in English?

A1: Say “Help! I need assistance.”

Q2: How do I call for medical help?

A2: Say “Call an ambulance.”

Q3: How do I describe urgent situations?

A3: Use “It’s an emergency.”

How to Handle Emergencies in English in 3 Steps

1. Shout: “Help!”
2. Request: “Call the police” or “Call an ambulance.”
3. Explain: “It’s an emergency.”

In short

Expressing everyday experiences in English is the foundation of fluency. So practice daily language phrases. Do it in real situations like ordering food, talking about family, making plans with a friend and more