

English for Everyday Living – Beginner Level

The focus of this article is to help you learn English vocabulary for everyday living. You'll practice language expressions about food, meals, asking for directions, talking about weather, shopping and money vocabulary.

To help you better practice the language and achieve fluency, the lessons include:

- Key vocabulary & phrases
- Sample conversations
- Practice exercises, and
- Grammar tips

This will help you talk about things in your everyday life.

Have a look what you'll learn:

- Talking About Food and Meals
- Asking for Directions
- Talking about the weather
- Shopping and Money Vocabulary

Lesson 1: Talking About Food and Meals

Learn how to talk about meals, favorite foods, and eating habits using simple vocabulary. And practice present tense as a way of building English for Everyday Living.

Key Vocabulary:

Word/Phrase	Meaning	Example Sentence
Breakfast	Morning meal	I eat breakfast at 7:00 a.m.
Lunch	Midday meal	We have lunch at school.
Dinner / Supper	Evening meal	My family eats dinner together.
Snack	Small food between meals	I like fruit as a snack.
Rice	Common grain food	We eat rice with chicken.
Bread	Baked food made from flour	I eat bread with butter.
Vegetables	Healthy plant foods	I like carrots and spinach.
Fruit	Sweet plant foods	Mango is my favorite fruit.
Meat / Fish	Animal-based foods	We had grilled fish for dinner.
Water / Juice	Drinks	I drink orange juice in the morning.

English for Everyday Living: Sample Conversation

A: What do you eat for breakfast?

B: I usually eat bread and eggs.

A: Do you like vegetable?

B: Yes, I like tomatoes and cabbage.

A: What is your favorite food?

B: My favorite food is grilled chicken with rice.

Practice Exercise:

Fill in the blanks with your own answers:

1. For breakfast, I eat _____.
2. I usually have lunch at _____.
3. My favorite food is _____.
4. I drink _____ with my meals.
5. I like to snack on _____.

Say your answers aloud or write them in a notebook to practice!

Grammar Tips:

- Use “**I eat / I drink**” for habits and routines.
 - “I eat rice every day.”
 - “I drink water with lunch.”
- Use “**like / don’t like**” to express preferences.
 - “I like bananas.”
 - “I don’t like spicy food.”

Practice all these language phrases to build English for Everyday Living. Learn also phrases for ordering food at a restaurant, talking about your family, and giving opinions.

Lesson 2: Asking for Directions

Learn how to ask for and understand directions using simple questions and location vocabulary.

Key Vocabulary:

Word/Phrase	Meaning	Example Sentence
Where is...?	Ask about location	Where is the bank?
How do I get to...?	Ask for directions	How do I get to the supermarket?
Turn left/right	Directional instruction	Turn left at the traffic light.
Go straight	Continue forward	Go straight for two blocks.
Next to	Beside something	The restaurant is next to the

		bookstore.
Across from	Opposite side	The park is across from the school.
Behind / In front of	Relative position	The pharmacy is behind the hospital.
On the corner	At the street intersection	The bank is on the corner.
Traffic light	Road signal	Turn right at the traffic light.
Block	A section of street	Walk two blocks and turn left.

Sample Conversation:

A: Excuse me, where is the nearest supermarket? B: It's on main Street, next to the bank. A: How do I get there? B: Go straight for two blocks, then turn right. A: Thank you! B: You're welcome!

Practice Exercise:

Fill in the blanks with your own answers:

1. Excuse me, where is the _____?
2. How do I get to the _____?
3. Go _____ for _____ blocks, then _____.
4. It's _____ the _____.

Try practicing with a friend or recording yourself giving directions!

Quick Tips:

- Use polite phrases like “Excuse me” and “Thank you”.
- Listen for key words like “left,” “right,” “next to,” and “straight”.
- Practice giving directions to places you know—your school, a shop, or your home.

Beginners who want to navigate new places and communicate clearly need English for Everyday Living.

English for Everyday Living (Lesson 3): Talking About the Weather

Learn how to describe the weather and ask others about it using simple vocabulary and sentence structures.

Key Vocabulary:

Word/Phrase	Meaning	Example Sentence
Sunny	Bright with sunshine	It's sunny today.
Cloudy	Covered with clouds	It looks cloudy this morning.
Rainy	Raining	It's rainy and wet outside.
Windy	Lots of wind	It's very windy—hold onto

		your hat!
Hot	High temperature	It's hot in the afternoon.
Cold	Low temperature	It's cold in the morning.
Warm	Pleasant temperature	It's warm and nice today.
Snowy	Snow is falling	It's snowy in winter.
Stormy	Thunder and lightning	It's stormy—stay indoors!
Humid	Wet and sticky air	It's hot and humid today.

Check also how to describing people – Appearance and personality and giving directions.

Sample Conversation:

A: What's the weather like today? B: It's sunny and worm perfect for a walk. A: Great! I'll bring my sunglasses. B: Great idea. Don't forget sunscreen!

English for Everyday Living -Practice Exercise:

Fill in the blanks with your own answers:

1. Today is _____ and _____.
2. I like _____ weather because _____.
3. When it's _____, I usually _____.
4. What's the weather like in _____ (your city)?

Try saying these out loud or writing them in a journal!

Quick Tips:

- Use weather talk to start friendly conversations.
- Combine weather words with activities: “It’s rainy, so I’ll stay home.”
- Practice with a weather app—describe today’s forecast in English.

Talking About weather is a great way to build English for Everyday Living and everyday conversation skills. It helps you connect with people.

Lesson 4: Shopping and Money Vocabulary

Learn how to ask about prices, pay for items, and understand basic money-related phrases in English.

Key Vocabulary:

Word/Phrase	Meaning	Example Sentence
How much is it?	Ask for the price	How much is this shirt?
It costs...	Say the price	It costs ten dollars.
Expensive	Costs a lot	That bag is expensive!

Cheap	Costs little	These shoes are cheap.
Price	The cost of something	What's the price of this book?
Sale / Discount	Lower price than usual	It's on sale—20% off!
Cash	Physical money	Can I pay with cash?
Credit card	Payment card	Do you accept credit cards?
Receipt	Proof of purchase	Here's your receipt.
Change	Money returned after payment	Your change is five dollars.

Learning shopping and money vocabulary is essential for anyone building English for Everyday Living. This let you feel confident buying things, asking prices, and handling money.

Learn also how to express emotions and feelings; making future plans and giving directions.

Sample Conversation:

A: Excuse me, how much is this jacket? B: It's \$45. A: Is it on sale? B: Yes, it's 20% off today. A: Great! I'll take it. Can I pay by card? B: Of course. Here's your receipt. Have a nice day!

Practice Exercise:

Try filling in the blanks:

1. How much is the _____?
2. It costs _____.
3. That's too _____ for me.
4. Can I pay with _____?
5. Do I get a _____?

You can also role-play as a customer and a shop assistant with a friend or record yourself practicing!

Quick Tips:

- Always start with “**Excuse me**” to be polite.
- Use “**I'll take it**” when you decide to buy something.
- Practice converting prices into your local currency for better understanding.

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