

Basic Everyday English: Greetings & Introducing Yourself – Beginner Level

Lesson 1: Greetings & Introducing Yourself

In this article you'll learn "the basic everyday English" expressions. You'll know how to greet and introduce yourself; ask others questions and talk about your daily routine and more.

Vocabulary to Know:

English Phrase	Meaning	Example Use
Hello / Hi	A friendly greeting	"Hello! How are you?"
Good morning	Greeting before noon	"Good morning, teacher."
Good afternoon	Greeting after noon	"Good afternoon, John."
Good evening	Greeting after 6 PM	"Good evening, everyone."
My name is _____	Say your name	"My name is Maria."
I am from _____	Say your country/city	"I am from Mozambique."
Nice to meet you	Polite response	"Nice to meet you too!"

Conversation Practice:

A: Hello!

B: Hi! Good morning.

A: My name is David. What's your name?

B: I'm Anna. Nice to meet you.

A: Nice to meet you too. Where are you from?

B: I'm from Brazil. And You?

A: I'm from South Africa.

Basic Everyday English: Practice Exercise

Fill in the blanks with your own information:

1. Hello! My name is _____.
2. I am from _____.
3. Nice to meet you!

Try saying it out loud. You can even record yourself and listen to your pronunciation.

Quick Tips:

- Smile when you greet someone—it helps build confidence.
- Practice with a friend or in front of a mirror.
- Don't worry about mistakes. Every word you speak is progress!

Lesson 2: Asking Simple Questions in English

Learn how to ask basic questions in English using common question words and simple everyday sentence structures.

Key Question Words:

Word	Use	Example Question
What	Ask for information	“What is your name?”
Where	Ask about location	“Where are you from?”
When	Ask about time	“When is your birthday?”
Who	Ask about people	“Who is your teacher?”
How	Ask about method or feeling	“How are you?”
Why	Ask about reason	“Why are you late?”

Conversation Practice:

A: What is your name?

B: My name is Fatima.

A: Where are you from?

B: I'm from Mozambique.

A: How old are you?

B: I'm 20 years old.

A: When do you study English?

B: I study every morning.

Practice also vocabulary for making invitations, giving advice and talking about past experiences.

Practice Exercise:

Fill in the blanks with your own answers:

1. What is your name? → _____
2. Where are you from? → _____
3. How old are you? → _____
4. When do you study English? → _____

Say your answers out loud. Try asking a friend or classmate the same questions!

Quick Tips:

- Use a rising tone when asking questions—it shows you're curious.
- Don't worry if your grammar isn't perfect. Clarity is more important.
- Practice asking and answering questions daily—it builds fluency fast!

Key Vocabulary & Phrases:

Phrase	Meaning	Example Sentence
Wake up / Get up	Start the day	I wake up at 6 a.m. and get up at 6:15.
Take a shower / Bath	Clean yourself	I take a shower before breakfast.
Have breakfast / lunch	Eat meals	I have lunch at school.
Go to work / school	Leave home for daily duties	I go to work at 8 a.m.
Start / Finish work	Begin or end job	I start work at 9 and finish at 5.
Come home	Return to your house	I come home around 6 p.m.
Cook / Eat dinner	Prepare and eat evening meal	I cook dinner with my sister.
Watch TV / Relax	Leisure time	I relax by watching TV.
Go to bed / Sleep	End the day	I go to bed at 10 p.m.

Learn also words for describing your home and neighborhood; talking about your job or studies; and talking about your hobbies.

Sample Daily Routine Phrases to Practicing Basic Everyday English:

I usually wake up at 6:30 a.m. I take a shower and have breakfast. Then I go to work by bus. I start work at 8 a.m. and finish at 4 p.m. After work, I come home, cook dinner, and relax by reading a book. I go to bed around 10 p.m.

Practice Exercise:

Fill in the blanks with your own routine:

1. I wake up at _____.
2. I go to _____ at _____.
3. I have lunch at _____.
4. After work/school, I _____.
5. I go to bed at _____.

Try writing your full routine in a short paragraph!

Time Expressions to Use:

- In the morning / afternoon / evening
- At noon / at night / at midnight
- Every day / usually / sometimes / never
- Before / after / then / later

Remember: practice these phrases every day. This way you'll learn English for Everyday Living.

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